



2024-2025 Elite & Prep Team Full Gym Calendar

Welcome to the exciting season ahead for our Elite and Prep teams! We've prepared a comprehensive calendar of events, gym closures, competitions, and showcases to ensure a phenomenal experience for our athletes. Please take note of the important details below!

- **May 27th: No Practices**
 - Description: Enjoy the holiday! No practices for any teams.

- **July 1st-7th: No Practices**
 - Description: Enjoy the summer break! No practices for any teams.

- **July 14th: Thunder Elite Tailgate**
 - Description: All Thunder teams will get together for a fun Thunder tailgate! Bring your favorite summertime treat and get to know all the fantastic Thunder families!
 - Location: Thunder Elite
 - Time: 2:30 pm-4:30 pm

- **July 25th and 26th: ELITE Team Skills Camp**
 - Time: 10:00 am to 5:00 pm on both days
 - Location: North Clackamas Park, 5440 SE Kellogg Creek Dr. Milwaukie
 - Description: Elite Teams' skills camp to kick off the season. Specific event details have been emailed to participants.

Note: No practice for Prep Teams on July 25th.

- **August 12th-16th: ELITE TEAM CHOREOGRAPHY**
 - Location: Thunder Elite
 - Choreography Schedule (Elite Teams)
 - Choreo days and times are TBA.
 - Description: Elite Teams' choreography days. No regular practices on these dates. Athletes will wear their normal practice attire along with white shoes.
 - **Important Reminder: The two practices before and after choreography are mandatory.**

- August 12th-16th: **Prep Team Summer Break:**
 - Description: No practices for Prep Teams from August 12th to 16th.
- August 24th: **Prep Choreography**
 - Flurries
 - 9:00 am - 11:00 am
 - Description: Flurries choreography session to complete their routine.
 - **Black Ice and Cyclones**
 - Time: 11:00 am - 1:00 pm Description: Black Ice and Cyclones choreography session to complete their routine.

Please note Baby Bolts will do all their choreography during practice times.

- September 2nd: **No Practices**
 - Description: Enjoy the holiday! No practices for any teams.
- September 6th: **Prep Team Bonding**
 - Location: Thunder Elite Gym
 - Description: Prep Teams' bonding activities at the gym.
 - Session 1
 - Time: 5:30 pm - 7:00 pm
 - Teams: Baby Bolts and Flurries
 - Session 2
 - Time 7:00 pm - 8:30 pm
 - Teams: Black Ice and Cyclones
- September 13th - 15th: **Thunder Games (ELITE TEAMS ONLY)**
 - Location: Camp Collins, 3001 SE Oxbow Pkwy, Gresham, OR 97080
 - Time: Drop off September 15th at 6:00 pm Pick up: September 17th at 9:30 am
 - Description: Bonding event for Elite Teams. Athletes stay the weekend with coaches and staff. More information will be available as it gets closer.
- October 2nd & 3rd: **PINK Practices**
 - Description: In support of breast cancer awareness, we will be doing a pink themed practice! The kids can deck out in pink and will not be required to wear their normal practice attire this day! (Please no body paint, glittery makeup is okay).
- October 19th & 20th: Mental Health Training Camp **(ELITE TEAMS ONLY)**
 - Elite team athletes and parents will attend a mandatory mental health training clinic with Jen Graffice. Jen is an elite performance and mental mindset coach. She is an expert when it comes to helping over 10,000 clients, athletes, coaches and teams alike achieve their true potential. A published author and international speaker, Jen understands that there's more to athletic performance than simply

being STRONG - scientific research reveals wellness and peak performance are indeed, largely mental endeavors. By learning how to transform your mindset through her teachings, you will be able to unlock your true potential. This will be for parents, cheerleaders, and our coaching staff!

- **October 27th: Trunk or Treat (ALL TEAMS)**
 - Time: The event starts at 6:30 pm (Setup at 5:30 pm)
 - Location: Thunder Elite Parking Lot
 - Description: This is one of our absolute favorite events of the season!! This event is for both PREP and ELITE athletes!! Trunk or treating is a fun activity for our cheerleaders to bond and celebrate the holiday. Parents decorate their cars and dress in fun costumes, and our wonderful cheerleaders will trick or treat around the parking lot to all the different trunks. The staff will vote on the winners of our trunk contest! Thunder Elite Trunk or Treat bags will be provided.
 - The top 3 cards will be awarded
 - 1st – \$100 off tuition
 - 2nd– \$75 off tuition
 - 3rd - \$50 off tuition

- **October 31st: Halloween - No Practice**
 - Description: Enjoy the holiday! No practices for any teams.

- **November 16th: Thunder Struck (ALL TEAMS)**
 - Location: Thunder Elite
 - Description: All teams will perform at the gym in front of their family and friends to get prepare for the upcoming competition season. We fill the whole gym with family and friends to really pump up our teams before their first competitions! This is an awesome event. The Thunderstruck pro shop will be open starting at 10:00 am! We offer our largest pro-shop sale for fan gear and Christmas gifts! Families tend to get here early, so make sure to get there early!
 - Performance Times TBA

Important Reminder: Reminder: The 2 practices before every gym event are mandatory.

- **November 27th and November 28th: Gym Closed for Thanksgiving**
 - Description: Enjoy the holiday! No practices for any teams.

- **December 7th and 8th: The American Northwest Competition(ALL TEAMS)**
 - Oregon Convention Center 777 NE Martin Luther King Jr Blvd, Portland, OR 97232
 - Description: All Teams competition. Prep Teams compete on Saturday ONLY.
 - Times: TBA

Important Reminder: Reminder: The 2 practices before every gym event are mandatory.

- December 22nd: Christmas Party (ALL TEAMS)
 - Time: 4:00 pm - 6:00 pm
 - Location: Thunder Elite
 - Description: Athlete-only Christmas party! Events at the party: Individual and team pictures with Santa and the Minion! The pictures will be available to download off the website and print out at home! Don't forget to wear your best Christmas PJs for our highly competitive Christmas PJ Competition! Each child will go home with their own custom Thunder Elite ornament! (Party price and ornament is included in the tuition fees.)
 - We will also be raffling off our amazing, themed baskets. Raffle tickets will be 4 tickets for \$1.00.
- December 23rd - 27th: Gym Break
 - Description: Enjoy the holiday break! No practices for any teams. Regular practices resume on December 30th
- December 31st: Closed
 - Description: Enjoy the holiday! No practices for any teams.
- January 11th - 12th: Aloha Competition (ALL TEAMS)
 - Oregon Convention Center 777 NE Martin Luther King Jr Blvd, Portland, OR 97232
 - Description: All Teams competition. Prep Teams compete on Saturday ONLY.
 - Times: TBA

Important Reminder: Reminder: The 2 practices before every gym event are mandatory.

- January 25th - 26th: ATC - Seattle - Grand Nationals (ELITE TEAMS)
 - Seattle Convention Center 705 Pike Street Seattle, WA 98101-2310
 - Description: All-Star Elite Teams competition. Times are TBA. *Booking through our housing partner is required for all athletes, coaches and spectators attending this event. Information on how to do this will be sent out via email so make sure to watch for that in the future.*

Important Reminder: Reminder: The 2 practices before every gym event are mandatory.

- January TBA: BURPEE A THON (ELITE TEAMS)
 - Description: The funds raised from this and their raffle baskets from Christmas will go toward team Nationals/Summit gear. Everyone MUST participate in this fundraiser! Your team will spend 15 minutes of practice time to perform as many burpees as possible. You/your athlete will collect donations and/or pledges to raise money for your team. Pledge forms are being sent home this week. Please collect pledges between now and the burpee-a-thon!
- February TBA: **LIGHTNING EXTRA PRACTICES**

- Description: Lightning will have routine upgrade practices to prep for Cheersport Nationals.
- February 15th-16th: **CHEERSPORT National All-Star Cheerleading Championship**
 - **THIS TRIP IS FOR LIGHTNING ONLY.**
 - Georgia World Congress Center 285 Andrew Young International Blvd Atlanta, GA 30313
 - Description: All travel (air, airport transfers) will be provided through Thunder Elite. Hotel booking information will be out later in the season. No athlete may travel alone. Trip information will be available on October 1st; trip money is due October 15th.
 - Trip departs on 14th and returns on the 17th.

Important Reminder: Reminder: The 2 practices before every gym event are mandatory.

- February 28th - March 2nd: **PacWest - Grand Nationals (ALL TEAMS)**
 - Oregon Convention Center 777 NE Martin Luther King Jr Blvd, Portland, OR 97232
 - Description: All Teams competition. Prep Teams compete on Friday night ONLY.
 - Times: TBA

Important Reminder: Reminder: The 2 practices before every gym event are mandatory.

- March 5th and March 6th: **Last Prep Practices**
 - Description Athletes will prepare for the Spring showcase (their last performance).
- March 8th: **Spring Showcase (Prep Only)**
 - Location: Thunder Elite Gym
 - Description: Prep Teams will perform at the gym in front of their family and friends. For any friends or family who could not attend local events, this is a perfect time to see how amazing the teams are!! This is the last time our teams will perform locally for all-star and our final performance for our prep teams! The fun family event is a must-attend!!
 - Times are all TBA

Please note: The gym will not be closed for spring break. This is too close to our upcoming competitions

- March 29th-30th: One Up Championships (ELITE TEAMS)
 - Location: Meydenbauer Center 11100 NE 6th St, Bellevue, WA 98004
 - Description: All-Star Elite Teams competition. Times are TBA. All athletes, coaches, and spectators attending this event must book through our housing partner. Information on how to do this will be sent out via email so make sure to watch for that in the future.

Important Reminder: Reminder: The 2 practices before every gym event are mandatory.

- April 12th-13th: **West Regional Summit (Elite Teams)**
 - Location: Phoenix Convention Center 100 N 3rd St Phoenix, AZ, 85004
 - Description: Times are TBA. Teams must win a bid to attend this event. Please plan on attending. Plan financially and reserve these dates ahead of time! 😊
When we receive the bids more information will be sent out. Reminder: The 2 practices before every gym event are mandatory. Booking through our housing partner is required for all athletes, coaches and spectators attending this event. Information on how to do this will be sent out via email so make sure to watch for that in the future.

Important Reminder: Reminder: The 2 practices before every gym event are mandatory.

- May 2nd - 4th: **SUMMIT in Orlando, FL (ELITE TEAMS ONLY)**
 - Location: ESPN World Wide Sports
 - Description: Summit is an end-of-the-season event for the ELITE teams. Teams must win a bid to attend this event. Please plan on attending. Plan financially and reserve these dates ahead of time! 😊 When we receive the bids, more information will be sent out.

Important Reminder: Reminder: The 2 practices before every gym event are mandatory.

- May TBA: **All-Star Awards (ELITE TEAMS ONLY)**
 - Location: Gray Gables Estates 3009 SE Chestnut St Portland, OR 97267
 - Description: This is a fun time for all the kids! We get dressed up, enjoy dinner, and all the kids get their yearbooks! No one misses this event because it is so much fun! The event will be held at the Gray Gables Estates. Parents and cheerleaders are welcome to attend. Tickets for the cheerleaders are included in their package. Parent tickets will be available for purchase when the event gets closer.

We can't wait to make this season a memorable one! Please feel free to reach out if you have any questions or concerns. Let's make it a fantastic year for our athletes!