

THUNDER ELITE 2025-2026 PREP AND ELITE TEAM CALENDAR

WELCOME TO THE EXCITING SEASON AHEAD FOR OUR ELITE AND PREP TEAMS! WE'VE PREPARED A COMPREHENSIVE CALENDAR OF EVENTS, GYM CLOSURES, COMPETITIONS, AND SHOWCASES TO ENSURE A PHENOMENAL EXPERIENCE FOR **OUR ATHLETES. PLEASE REVIEW OUR FULL ATTENDANCE** INFROMATION AND CALENDAR BELOW!

We understand that life can be unpredictable, but attendance is critical for every athlete's success and for team progress. Planned absences—such as family vacations, school trips, or other known conflicts—must be submitted to your coach at least two weeks in advance for consideration. Approval is not guaranteed, especially during mandatory practice weeks. Unplanned absences, such as illness or emergencies, should be communicated to your coach by 3:00 PM on the day of practice. We know that family time matters too. That's why Thunder includes planned breaks and holidays throughout the year to support a balance between commitment to the team and time with loved ones.

MANDATORY ATTENDANCE

Mandatory Events/Practices

- Practice the week before/after choreography (Elite teams)
- Choreography dates
- Practices the week of any competition or performance
- Thunder Games (Elite Teams)
- Thunder Skills Camp (Elite Teams)
- Burpee a thon (Elite Teams)
- Any Practice after Christmas Break until the Aloha Competition

HIGHLY ENCOURAGED EVENTS!

- Thunder Tailgate
- Prep Bonding
- Trunk or Treat
- Christmas Party

WHY ATTENDANCE MATTERS IN CHEERLEADING

Showing up really matters in cheer because every athlete plays a vital role—there are no backup players. When even one person is absent, a stunt may not go up, timing can be thrown off, and formations may fall apart, affecting the entire practice. With limited weekly practice hours, there's little room to miss key skills, updates, or timing work that the team depends on. Consistent attendance builds confidence, helps the team function as one unit, and supports safe, successful performances. Beyond the mat, being present teaches athletes how to manage their time, honor commitments, and be accountable not just for themselves, but for teammates who rely on them.

A FULL COPY OF ALL OUR POLICIES CAN BE ACCESSED AT WWW.THUNDERELITE.COM/TEAMS



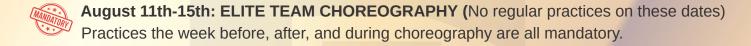
SUMMER TRAINING AT THUNDER ELITE

Summer at Thunder Elite is an exciting and important time for all athletes. It's when teams begin building strong foundations—both in skills and in relationships. Athletes jump into training with energy and focus, learning the core elements of their routines and developing the teamwork and timing needed for a successful season. From team bonding events and tailgates to choreography sessions and skills camps, summer is filled with opportunities to grow, connect, and prepare. Starting the season strong during summer ensures our teams are confident, united, and ready to shine.

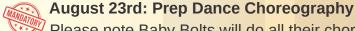
- May 19th: Tryouts Begin! Tryouts for our Prep and Elite Teams begin!
- May 26th: No Practices Enjoy the holiday! No practices for any teams.
- May 30th: Team Announcements will be shared on our Facebook and our Instagram pages!
- June 25th-July 5th: No Practices Enjoy the summer break! No practices for any teams.



- July 17th: No Prep team Practices. Enjoy the night off!
- July 27th: Thunder Elite Tailgate Prep and Elite bonding tailgate at Thunder Elite 2-4pm.



 August 11th-15th: Prep Team Summer Break: No practices for Prep Teams from August 11th to 15th.



Please note Baby Bolts will do all their choreography during practice times.

- Flurries 9:00 am 10:30 am
- Black Ice 10:00 am 11:30 am
- Cyclones 11:00 am 12:30 pm
- September 1st: No Practices. Enjoy the holiday! No practices for any teams.



PRE-COMPETITON TRAINING TIME!

As the season moves into fall, athletes continue to strengthen their routines and deepen their team bonds. This pre-competition period is all about fine-tuning skills, locking in choreography, and building trust with teammates. Special events like bonding days, themed practices, and team performances create lasting memories while boosting confidence and unity. Every practice becomes more focused as teams prepare to take the stage, and the excitement of the upcoming competition season starts to build. It's a time of hard work, fun, and powerful team connection.

- September 7th: Prep Team Bonding at Thunder Elite
 - Baby Bolts and Flurries 2:00 pm 3:30 pm
 - Black Ice and Cyclones 3:00 pm 4:30 pm

September 12th - 14th: Thunder Games Bonding Trip (ELITE TEAMS ONLY)

- Camp Collins, 3001 SE Oxbow Pkwy, Gresham, OR 97080
- Drop off September 12th at 6:00 pm
 Pick up: September 14th at 9:00 am
- October 1st & 2nd: PINK Practices In support of breast cancer awareness!
- October 26th: Trunk or Treat at Thunder Elite 6:30-8:00pm pm (Setup begins at 5:30 pm)



Thunder Struck is the most important event of this time — our full gym showcase where every team performs in front of a packed house of family and friends. It's the first opportunity for athletes to show off their routines and feel the energy of performing together. The Thunder Struck Pro Shop Sale will also be happening that day, featuring our biggest sale of the year on fan gear and holiday gifts. Families love to come early to shop and grab the best items before they're gone! Practices the week of Thunder Struck are mandatory to ensure every team is confident, prepared, and ready to shine.

- November 15th: Thunder Struck (ALL TEAMS)
 - The Thunderstruck pro shop will be open starting at 10:00 am! We offer our largest pro-shop sale for fan gear and Christmas gifts!
- November 26th and November 27th: Gym Closed for Thanksgiving Enjoy the holiday!

12900 SE HWY 212 Clackamas, OR 97015



WELCOME TO COMPETITION SEASON!

Competition season is where all the hard work, bonding, and training come to life. Athletes take the skills they've built and perform with pride, energy, and precision. From the excitement of our local events to the intensity of travel competitions, each performance is a chance to shine and grow. The gym is buzzing with focus and excitement as routines are polished and confidence grows. Every practice during this season matters—attendance is crucial to keep stunts solid, timing sharp, and teams connected. It's a thrilling stretch of the year filled with powerful performances, unforgettable memories, and team pride at



PRACTICES THE WEEK OF ANY EVENT OR COMPETITION ARE MANDATORY

Oregon Convention Center 777 NE Martin Luther King Jr Blvd, Portland, OR 97232
Prep Teams compete on Saturday ONLY.

- December 21st: Christmas Party (ALL TEAMS) 4:00 pm 6:00 pm at Thunder Elite
- December 22nd 26th: Gym Break Enjoy the break! Practices resume on December 29th
- December 31st: Closed Enjoy the holiday! No practices for any teams.
 IMPORTANT: We DO have practice on January 1st!

POST-HOLIDAY PRACTICE REMINDER

Practices after the holiday break are mandatory for all athletes. This time is crucial for regaining consistency, locking in routines, and preparing for our January competition. With limited time after the break, every practice directly impacts team performance and readiness.

January 10th - 11th: Aloha Competition (ALL TEAMS)

Oregon Convention Center 777 NE Martin Luther King Jr Blvd, Portland, OR 97232 Prep Teams compete on Saturday ONLY.

Make sure to bust out your Hawaiian/Aloha Gear for this fun themed event!!!

January 24th - 25th: ATC - Seattle - Grand Nationals (ELITE TEAMS)

Seattle Convention Center 705 Pike Street Seattle, WA 98101-2310

Booking through our housing partner is required for all athletes, coaches and spectators attending this event. Information on how to do this will be sent out via email so make sure to watch for that in the future.



WELCOME TO COMPETITION SEASON!

January TBA: BURPEE A THON (ELITE TEAMS)

Proceeds supporting Nationals/Summit gear. Each team will complete burpees during practice while collecting pledges or donations

February 28th - March 1st: PacWest - Grand Nationals (ALL TEAMS)

Oregon Convention Center 777 NE Martin Luther King Jr Blvd, Portland, OR 97232

Prep Teams compete on Saturday ONLY.

March 4th and March 5th: Last Prep Practices

MANDATORY D

March 7th: Spring Showcase at Thunder Elite (Prep Only)

Prep Teams will perform at the gym in front of their family and friends.

March 14th-15^{th:} USA Super Nationals (Elite Teams)

Anaheim Convention Center 800 West Katella Avenue Anaheim, California 92802

All athletes, coaches, and spectators attending this event must book through our housing partner.

Information on how to do this will be sent out via email so make sure to watch for that in the future.

PLEASE NOTE: THE GYM WILL NOT BE CLOSED FOR SPRING BREAK. THIS IS TOO CLOSE TO OUR UPCOMING COMPETITIONS

March 28th-29th: One Up Championships (ELITE TEAMS)

Meydenbauer Center 11100 NE 6th St, Bellevue, WA 98004

All athletes, coaches, and spectators attending this event must book through our housing partner. Information on how to do this will be sent out via email so make sure to watch for that in the future.

April 11th-12th: West Regional Summit (Elite Teams)

Phoenix Convention Center 100 N 3rd St Phoenix, AZ, 85004

Teams must win a bid to attend this event. When we receive the bids more information will be sent out. Booking through our housing partner is required for all athletes, coaches and spectators attending this event. Information on how to do this will be sent out via email so make sure to watch for that in the future.



WELCOME TO COMPETITION SEASON!



May 1st - 4th: SUMMIT (ELITE TEAMS ONLY)

ESPN World Wide Sports in Orlando Florida

Summit is an end-of-the-season event for the ELITE teams. Teams must win a bid to attend this event. When we receive the bids, more information will be sent out.

- May 7th: All-Star Awards (ELITE TEAMS ONLY)
 - Location: Gray Gables Estates 3009 SE Chestnut St Portland, OR 97267
 - Parents and cheerleaders are welcome to attend. Tickets for the cheerleaders are included in their package. Parent tickets will be available for purchase when the event gets closer.

The Thunder Elite season is so much more than practices and competitions — it's a journey of growth, teamwork, and unforgettable memories. From tryouts to showcases, summer bonding to national stages, our athletes build not only skills but friendships and confidence that last far beyond the mat. Each moment, whether it's learning a new stunt, celebrating at a team event, or performing under the lights, contributes to something special. We're proud to create a space where athletes are challenged, supported, and celebrated. Here's to a season full of heart, hustle, and Thunder pride!

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