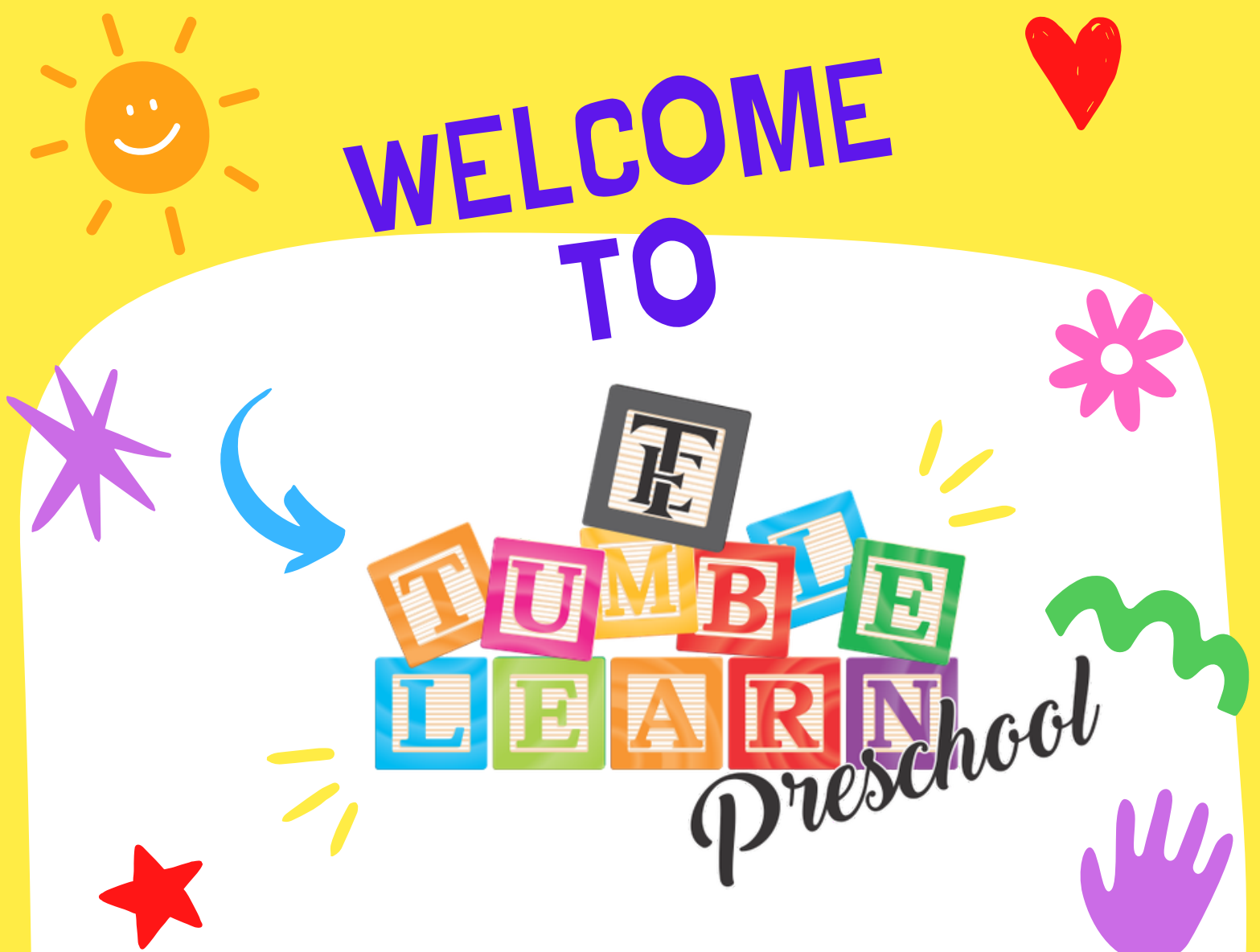
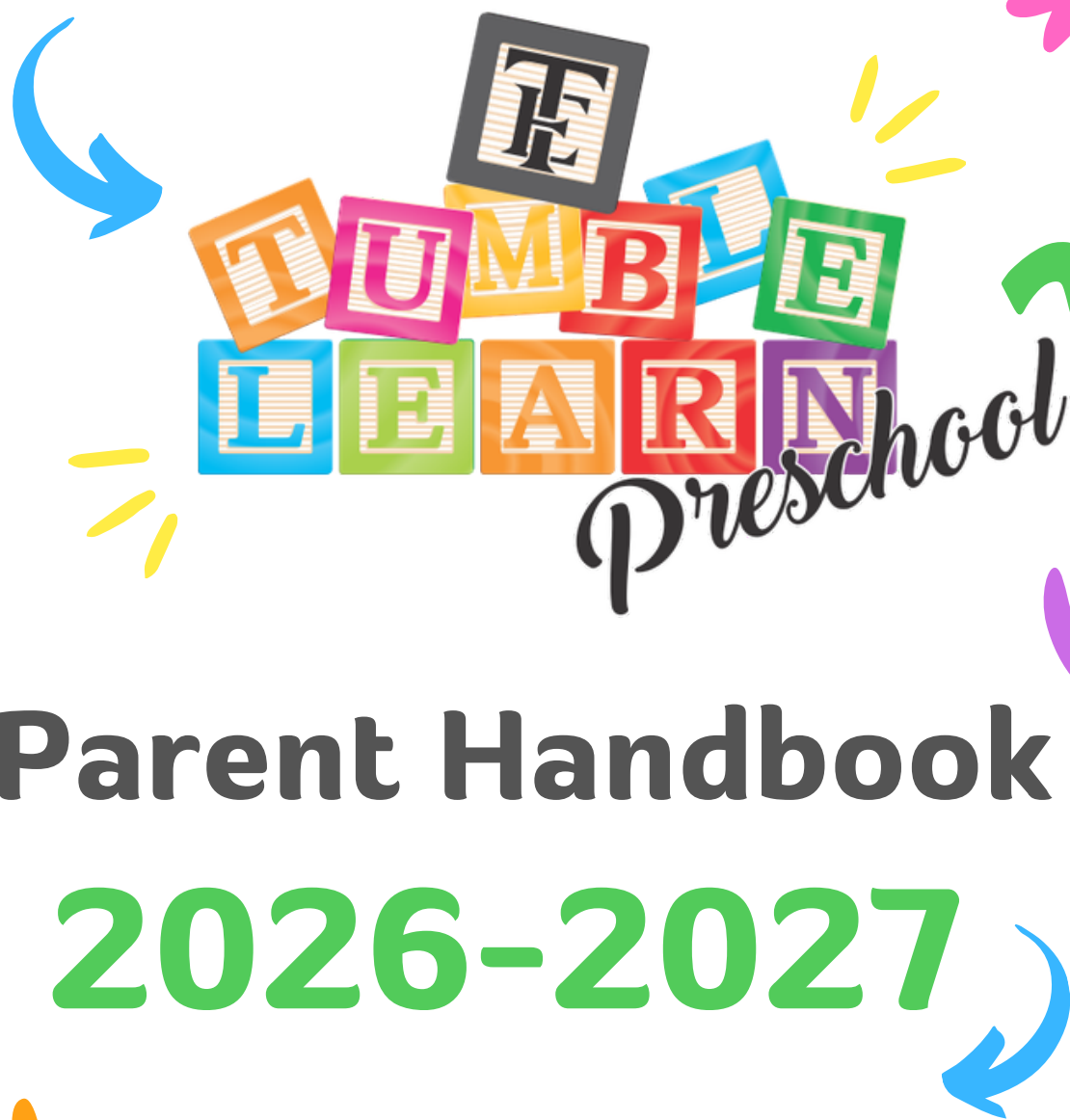




WELCOME
TO



TUMBLE
LEARN
Preschool



Parent Handbook
2026-2027



Welcome to Tumble and Learn Preschool at Thunder Elite! I am beyond excited to be your child's teacher this year. Our program is a small, private, active-play preschool designed to make school the absolute highlight of your child's day!

This year will be full of exploration, growth, and fun. Kelsey and I are dedicated to creating an environment where your child loves coming to school every day. Together, we will encourage their curiosity, build their confidence, and nurture their development in a way that feels like play, because at this age, play is learning!

Our Approach & What to Expect

Tumble and Learn is a play-based, movement-focused preschool where children learn best by doing. Our gym is an extension of our classroom, providing opportunities for running, climbing, swinging, and jumping, all of which support brain development, coordination, and social skills. Expect your child to come home happy, tired, and full of stories about their day!

Each day, your child will engage in:

- ✓ Hands-on learning through play, exploration, and movement
- ✓ A variety of activities that build literacy, math, science, and social skills
- ✓ Sensory-rich experiences
- ✓ Creative expression through art, music, and tumbling
- ✓ Growing socially and emotionally by fostering friendships, building confidence, encouraging teamwork

Communication & Updates

We believe in keeping you informed and involved! Here's how we'll keep in touch:

- 📷 Private Facebook Group – Monthly updates & photos of your child's experiences
- ✉ Email & Messages – Reminders, upcoming events, and classroom highlights
- 📅 School Calendar – Important dates, dress-up days, and special activities

Our parent handbook includes everything you need to know about our policies, routines, and goals for your child's growth this year. We are so excited to partner with you and make this an unforgettable experience for your family!

If you have any questions, please don't hesitate to reach out. Here's to a year filled with laughter, learning, and lots of tumbling fun!

Miss Jaylyn

Miss Jaylyn Padilla
Director of Tumble and Learn Preschool

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Daily Activities & Schedule

Our daily schedule is designed to keep students engaged, active, and learning. Activities rotate to include:

-  Open play time
-  Tumbling lessons
-  Fine & gross motor skill practice
-  Interactive calendar & learning games
-  Arts & crafts
-  Storytime
-  Sensory play
- ...and much more!

Drop-Off & Pick-Up Policy

To ensure a smooth and structured learning environment, drop-off and pick-up are **only allowed** during designated times (see schedule below).

Drop-off & Pick-up Windows:

Sunbursts Mondays & Wednesdays

-  Drop-off: 9:00 – 9:15 AM
-  Pick-up: 12:45 – 1:00 PM

Raindrops Tuesdays & Thursdays

-  Drop-off: 8:30 – 8:45 AM
-  Pick-up: 11:15 – 11:30 AM

For Safety:

- The front doors will lock/unlock promptly at the times listed above. **The doors remain locked for the entire school day.**
- Late drop-offs or early pick-ups disrupt the flow of our scheduled learning, so we ask that families respect these time frames.
- Teachers have meetings and other obligations after the school day, please be respectful by promptly picking up on time.



Dress Code

Tumble and Learn is an active play preschool, and students must be dressed appropriately for movement. We strongly recommend shorts, leggings, or pants instead of dresses or skirts to ensure ease of participation in daily activities. Every school day includes a tumbling lesson, and improper attire may hinder your child's ability to fully engage.

Footwear: Athletic shoes such as tennis shoes or sneakers are recommended but do not have to remain on throughout the school day.

Personal Belongings

For safety and organization, please follow these guidelines regarding personal items:

❌ No toys, candy, or gum – Toys can easily get lost, broken, or cause distractions.

Teachers are not responsible for personal items brought to school.

💎 No responsibility for jewelry or valuables – We encourage students to leave valuables at home to prevent loss or damage.

🎒 **Backpacks are required** – Every student must bring a properly sized backpack each day. Smaller backpacks fit easier in the cubbies but must be able to hold their lunch boxes. No rolling backpacks. These are too hard for young children to manage independently.

Extra Change of Clothes:

Accidents and spills happen! Each child must have a complete extra outfit in their backpack every day, stored in a Ziploc bag. Please include:

- ✓ Underwear
- ✓ Socks
- ✓ Pants or shorts
- ✓ Shirt

⚠️ Do NOT remove the extra clothes from your child's backpack. **If a student does not have a change of clothes** and an accident occurs, the school will provide one, and a **\$40 fee will be charged to your account.**



Potty Training Requirements

- Children enrolling in our program must be fully potty trained unless enrolled in a specific program that accommodates potty training.
- Being fully potty trained means:
 - The child can recognize the need to use the bathroom and communicate it to a teacher.
 - The child can pull down and pull up their own clothing with minimal assistance.
 - The child can wipe themselves effectively after urination and bowel movements.
 - The child can wash and dry their hands independently.
 - The child does not wear diapers or pull-ups during the school day.

Bathroom Assistance

We understand that young children may need occasional support in the restroom. Our staff will assist in the following ways while maintaining the child's privacy and dignity:

- Reminders & Encouragement: Teachers will provide scheduled and as-needed reminders to use the bathroom.
- Clothing Assistance: Teachers may help children with buttons, zippers, or tricky clothing if needed.
- Accident Support: If a child has an accident, they will change into their spare clothing. If assistance is required, a staff member will help while following proper hygiene and privacy guidelines.
- Hygiene & Handwashing: Teachers will ensure that children wash their hands properly after using the restroom.

Accidents & Extra Clothing

- Parents must provide a full change of clothes (including underwear, socks, and bottoms) to be kept at school in case of accidents.
- If a child has frequent accidents (more than three times in a month), parents may be asked to reinforce potty training at home before returning to the program.

Hygiene & Safety

- Staff members do not wipe children after bowel movements unless there is a medical need or an emergency. Children will be encouraged to wipe themselves, and teachers will provide verbal guidance if needed.
- Staff members will follow strict handwashing and sanitation procedures after assisting in the bathroom.



Special Days & Events

At Tumble and Learn, we carefully plan special event days, themed dress-up days, and hands-on experiences to enhance your child's learning. These days are more than just fun—they are an essential part of our curriculum, helping children build social skills, confidence, creativity, and a love for learning.



Why These Days Matter: Special events provide real-world learning experiences that reinforce classroom lessons. Dress-up days and themed activities promote imagination, storytelling, and self-expression. Group activities help children develop important social and emotional skills, such as teamwork, sharing, and problem-solving. Hands-on experiences create stronger connections to learning, making concepts more engaging and memorable.



Stay Informed:

- A full calendar of events is ALWAYS available at: www.thunderelite.com/current-preschool-families. **Please do not print and hang up the calendar.** The online version of the calendar is the most reliable should things change due to unforeseen circumstances. Make it a priority to check every school day.
- Reminders about upcoming events will be sent via email and posted in our private Facebook group. I make an effort to create online event notifications.
- Please make every effort for your child to attend and remember these special days, as they are an integral part of their learning experience and they mean more to your child than you will ever know.

Tuition is structured over 10 months (September–June), we do not prorate tuition for holidays, vacations, or closures. Time-off and vacation days are already factored into tuition, and therefore, tuition will not be refunded or adjusted for the following: Holidays, Illness, Vacations, Inclement weather days, Pandemics or unforeseen closures (Acts of God)

Tumble and Learn follows North Clackamas School District's winter weather closure policy. Parents will receive notifications in advance for planned closures. While we make every effort to remain open, the preschool director reserves the right to close the school in any unsafe conditions. Check your email and our private Facebook group for all updates regarding school closures.



Snack Policy

Students will have a designated snack time during the school day. Eating is optional, but children will have the opportunity to enjoy their snack. Each child is different and you know your child best, so please pack however much you think your child will need to keep them satisfied for the entirety of the school day. A water bottle is required each day.

 **! Allergy Notice:** If a child in your class has a food allergy, you will be notified and will be required to avoid bringing that specific item to school. If your student has a food allergy, please notify teachers through the portal medical page immediately.

Lunchbox Guidelines:

-  Snacks need to be sealed in a lunchbox for easy access, independent use and travel to the classroom
-  Use a lunchbox that is small, fits in their backpack and is easy to open and close for your little one.
-  Loose snacks in a backpack (e.g., Ziploc bags thrown in) are discouraged, as they can be difficult for young children to manage.
-  Packing snacks that need to be stored in a refrigerator throughout the day, instead pack a cold pack.

Snack Guidelines:

-  Choose snacks that are easy to open and not overly messy to help your child manage snack time without extra assistance.
-  Water bottles are required and should only contain water. If you choose to pack juice, it must be kept inside your child's lunchbox.

Prohibited Snacks:

-  Pre-packaged fruit cups with juice (too messy) instead bring cut up fruit
-  Yogurt tubes (too difficult to open independently) instead bring a yogurt drink with a straw
-  Candy & soda
-  Any item that requires heating





Birthdays at Tumble and Learn

We love celebrating birthdays and making your child feel special on their big day! However, to ensure celebrations remain simple and inclusive for all students, we ask families to follow these guidelines:



What You Can Bring:

- ✓ Cupcakes, donuts or cookies (to be shared during snack time)
- ✓ Pre-packaged or store-bought treats (to accommodate allergy concerns)



What Is Not Allowed:

- ✗ Birthday cakes, candles, or party decorations (due to time and space limitations)
- ✗ Classroom parties, balloons, or goodie bags
- ✗ Items that require cutting or extra serving utensils (we do not provide plates, knives, or forks)



Important Notes:

- Check for food allergies – Please speak with your child's teacher before bringing treats to ensure they are safe for all students.
- Not all students celebrate birthdays – Some families may choose not to participate in birthday celebrations for personal or cultural reasons, and we respect their choices.

Birthday Invitations Policy

To be mindful of students' feelings, birthday invitations may only be distributed at school if every child in the class is invited. If you are planning a smaller gathering and do not wish to invite the entire class, please send invitations privately outside of school. This helps prevent hurt feelings and ensures a positive, inclusive environment for all children.

What If My Child's Birthday Falls on a Non-School Day?

We still want to make your child feel special! If your child's birthday falls on a weekend or a day when school is not in session, you are welcome to choose a school day before or after their birthday to celebrate with their classmates. Please coordinate with teachers in advance to schedule a celebration day.



Discipline Policy

At Tumble and Learn, we believe in teaching positive behavior and guiding children toward self-control and emotional regulation. Our goal is to help children understand their actions, make better choices, and develop strong social and emotional skills. Our approach to discipline is always positive in nature, focusing on guidance, redirection, and problem-solving rather than punishment.

How We Support Positive Behavior:

- ✓ Separate the child from the behavior – We address actions, not personalities.
- ✓ Redirect behavior – Offering an alternative, acceptable activity.
- ✓ Provide choices – Encouraging children to take responsibility for their decisions.
- ✓ Use positive language – Framing corrections in a way that encourages better choices.
- ✓ Refuse to argue on non-negotiable issues – Setting clear boundaries with respect.
- ✓ Look for deeper solutions – Addressing root causes of behaviors, such as unmet needs or emotional regulation challenges.

Our teachers are gentle, patient, and intentional, guiding children to take deep breaths to calm their bodies, express their thoughts and feelings calmly with peers, teachers, and parents, problem-solve and communicate effectively to resolve conflicts. We NEVER Use Corporal punishment (spanking, hitting, physical force), shaming, threatening, or humiliating children, withholding food, naps, or bathroom privileges as punishment.

Steps for Addressing Challenging Behavior:

- 1 Verbal Guidance & Redirection – Teachers will explain why a behavior is inappropriate and suggest an alternative action.
- 2 Cool-Down Break – If the behavior continues, the child may need to take a short break sitting with the teacher to regroup and calm down before returning to the activity. Most children simply need a moment of removal from the situation to reset.
- 3 Parent Communication – If challenging behavior persists or escalates, parents will be contacted to collaborate on a plan with teachers and/or the director. Consistency and communication between parents, teachers, and the school greatly improves behavior and learning outcomes.

We are committed to creating a safe, supportive, and nurturing environment where children feel respected, valued, and empowered to learn from their mistakes. By working together, we can help each child grow emotionally, socially, and behaviorally in a positive and meaningful way.



Handling Aggressive Behavior (Hitting, Kicking, or Other Physical Aggression)

At Tumble and Learn, the safety and well-being of all students is our top priority. While we understand that young children are still learning to manage their emotions, physical aggression (hitting, kicking, biting, pushing, or any harmful behavior) is not tolerated and will be addressed immediately.

Zero-Tolerance Policy for Repeated Aggressive Behavior

We have a zero-tolerance policy for repeated acts of physical aggression. If a child engages in aggressive behavior, the following steps will be taken:

- 1** Immediate Intervention – The child will be removed from the situation and given the opportunity to calm down with the guidance of a teacher.
- 2** Teaching & Redirection – The teacher will:
 - Help the child recognize their emotions (e.g., “I see that you are frustrated.”)
 - Teach a safe and appropriate way to express feelings
 - Guide the child in making amends if another student was hurt
- 3** Parent Notification – If a child engages in physical aggression, parents will be notified immediately removal for the day and expected to work with teachers to reinforce appropriate behavior at home.
- 4** Behavior Plan & Final Warning – If the aggressive behavior happens again, a meeting will be required between parents, teachers, and the director to discuss next steps and issue a final warning.
- 5** Immediate Dismissal for Repeated Aggression – If a child continues to exhibit aggressive behavior after a final warning, they will be dismissed from the program permanently. **No refunds will be issued for dismissal due to behavior.**

Creating a Safe and Positive Learning Environment

At Tumble and Learn, we believe in guiding children toward positive behavior, emotional regulation, and respectful interactions. However, we will not compromise the safety and well-being of other students and staff.

By working together, we can ensure a safe, positive, and supportive learning experience for all children. Thank you for your cooperation and understanding!



Illness & Absence Policy

At Tumble and Learn, we understand that illness and emergencies may occasionally require your child to miss school. Our priority is to maintain a safe and healthy environment for all students and staff. Tuition is not prorated, refunded, or credited for missed school days due to illness, vacation, or other absences.

When to Keep Your Child Home

To prevent the spread of illness, please keep your child home if they have any of the following:

- 🤮 Vomiting (must be symptom-free for 24 hours before returning)
- 💩 Diarrhea (must be symptom-free for 24 hours before returning)
- 👁️ Pink Eye (Conjunctivitis) (must be on medication for 24 hours before returning)
- 🦟 Head Lice (must be fully treated and nit-free before returning)
- 🌡️ Fever of 100.4°F or higher (must be fever-free for 24 hours without medication before returning)
- 🤧 Persistent hacking cough or severe cold symptoms
- 😖 Rashes from contagious conditions such as staph infections, hand-foot-and-mouth disease, ringworm, or other airborne illnesses
- 🚫 If your child is too sick to fully participate in daily activities, they should stay home.

📢 Notify your child's teacher via text, call or email as soon as possible if your child will be absent due to illness or another reason

⚠️ If your child is diagnosed with a contagious illness (e.g., flu, strep throat, RSV, hand-foot-and-mouth, COVID-19, etc.), please notify us immediately. We will inform other parents (without identifying your child) so they can monitor their child for symptoms.

Keeping Our Classroom Healthy

To help prevent the spread of germs, we follow these healthy practices:

- ✅ Frequent handwashing for students and staff
- ✅ Daily sanitizing and disinfecting of toys, equipment, and surfaces
- ✅ Encouraging children to cover coughs/sneezes and avoid sharing food or drinks
- ✅ Parent notifications for contagious illnesses within the classroom
- ✅ If your child develops symptoms of illness during school hours, they will be separated from the group, and you will be contacted for immediate pick-up.



Photo & Video Release Policy

Throughout the year, we love capturing special moments of students engaging in learning, play, and activities at Tumble and Learn Preschool. These photos and videos help document your child's growth and create wonderful memories for families to enjoy.

Where Photos & Videos May Be Shared:

 Current Family Private Facebook Group – A secure group where only tumble and learn members with the private link can view, save, and share images.

 Public Website & Advertising – Some images may be used on our official website, promotional materials, or social media for marketing purposes.

 Graduation Books – Photos may be included in end-of-year memory books for students.

Important Notes:

- The private Facebook group is invite-only; however, anyone with the link can access and download photos at their discretion. If you choose to share pictures with friends or family, you must save and forward them yourself. We take great care in sharing images responsibly and respectfully.

Consent Agreement

I give permission for my child to be photographed and videotaped while engaged in school-related activities.

 I understand that photos and videos may be shared in the private Facebook group, on the Tumble and Learn website, on social media or used for graduation books and promotional materials.

 I acknowledge that once shared in the private group, photos may be saved and shared by other members.

 I agree to allow my child's images to be used for media and advertising purposes as needed.



Medical Release & Risk Acknowledgment

Medical Release

In the event of an emergency while my child is participating in a Tumble and Learn Preschool class, trip, or event sponsored by Thunder Elite All-Star Cheerleading Inc., I grant permission to Thunder Elite All-Star Cheerleading Inc. and its employees to take any necessary action, including seeking emergency medical care, even if I cannot be reached.

I understand that all reasonable efforts will be made to contact me or my designated emergency contact before any medical treatment is administered. However, if I am unavailable, I authorize the school and its staff to act in my child's best interest regarding medical care.

Risk

I understand that tumbling activities have inherent dangers that no amount of care, caution, instruction, or expertise can eliminate, and I expressly and voluntarily assume all risk that subsequent to the execution of this agreement, shall the student incur or suffer personal or bodily discomfort, loss, personal injury, disability, death, damage, or property damage, or any of these, which are in some way caused by other highly contagious airborne illnesses by or related to the instruction, activities, or services provided by Thunder Elite All-Star Cheerleading Inc., including but not limited to, Thunder Elite All-Star Cheerleading Inc. negligence or misconduct, and, further, there is a risk that such bodily injury, discomfort, loss, bodily damage, or disability, or any of these, may be or may become more serious than the staff knows, expects, or anticipates.

I certify that my child is mentally and physically capable of fulfilling the requirements to participate in any class, trip, al all events sponsored by Thunder Elite All-Star Cheerleading Inc.. I have read and understand all the above-listed policies. I agree to adhere to these guidelines and will support my child in following them as well. I understand that failure to comply may result in my or my child's dismissal from the Tumble and Learn program.



Tuition Policy

I acknowledge and agree that tuition payments must be made no later than the 1st of each month. I understand that I am required to provide a valid VISA or MasterCard, which will be automatically charged by Thunder Elite All-Star Cheerleading on the 6th of each month. If I prefer not to have my card charged, I must submit my tuition payment via cash or check to Thunder Elite All-Star Cheerleading before the 5th of the month. I agree to pay \$349 per month if my child is enrolled in the Raindrops class and \$449 per month if enrolled in the Sunbursts class. Additionally, I agree to pay a \$100 non-refundable registration fee and a supply fee of \$225 for Raindrops or \$250 for Sunbursts, which is due on September 1st and February 1st.

I understand that if payment is not made and my credit or debit card is declined, I will be subject to a late fee of 18% of any outstanding balance. Repeated late payments may result in dismissal from the program, and my account may be forwarded to a professional collections agency. Additionally, I acknowledge that any returned checks due to insufficient funds (NSF) will incur a \$35 fee.



Cancellation Policy

Our school requires a 30-day **written notice** of withdrawal from Tumble and Learn. If advanced notice of withdrawal is not provided, the standard tuition fee shall be charged for that period. If there is tuition due before your 30-day notice period ends, you will still be required to pay the remaining balance.



Automatic Payment Authorization

By signing this agreement, the Client authorizes the Service Provider to automatically withdraw payments from the provided payment method for the agreed billing cycle. Tumble and Learn (Thunder Elite All-Star Cheerleading) requires each family to provide a VISA or MasterCard to keep on file with the gym. All fees will be charged to this card UNLESS otherwise indicated by you. If you do not want this card to be charged, simply provide another form of payment BEFORE the due date for the item in question.

