



The American Northwest

Oregon Convention Center 777 NE Martin Luther King, Jr. Blvd Portland, OR 97232 **12/3-12/4**

Arrival/Meet Times: Athletes meet their coaches for their competition warm ups. Athletes will need to be 100 % performance ready (full hair, makeup, and shoes)at this time.

Compete Times: Athletes take the stage to rock their divisions!

Award Times: All-Star athletes need to be in full uniform. No phones/bags/Water bottles.

Day 1

Updated Schedule 12/1/2022

Day 2

Team	Athletes meet their coaches	Compete	Meet Coaches for Awards	Awards
Freeze	8:15 am	9:20 am	Day 2	Day 2
Storm	9:00 am	9:56 am	Day 2	Day 2
Lightning	11:15 am	12:16 pm	Day 2	Day 2
Baby Bolts	12:15 pm	1:22 pm	2:20 pm	2:34 pm
Flurries	12:30 pm	1:34 pm	2:20 pm	2:34 pm
Black ICE	1:10 pm	2:06 pm	2:20 pm	2:34 pm
Cyclones	1:10 pm	2:14 pm	2:20 pm	2:34 pm

Team	Athletes meet their coaches	Compete	Meet Coaches for Awards	Awards
Freeze	8:15 am	9:20 am	12:10 pm	12:20 pm
Storm	9:00 am	9:56 am	12:10 pm	12:20 pm
Lightning	10:55 am	11:52 am	12:30 pm	12:40 pm

PLEASE, PLEASE, PLEASE put your phones down during the competition and cheer your heart out! So many parents remain silent behind their screens. We want the judges to really feel our presence and energy when THUNDER teams take the stage! If 1 parents wants to record we understand, but we would prefer that the majority of our spectators CHEER LOUD for our amazing CHEERLEADERS!!!

Athletes will perform on a stage and then immediately after their performance they will do a quick review behind the curtains with their coaches. This process takes about 3 minutes. You will pick up your athlete on the side of the stage following the review. All athletes must be picked up by an adult. We do not want any unattended cheerleaders.

- Performance times and awards times are subject to change.
- All-Star teams may leave after their performance on Day 1! Prep teams will leave after their awards!
- All-Star teams may leave after their individual awards on Day 2!
- Prep Teams only compete on Saturday. Elite teams compete both days!

All Spectator Information and Ticketing:

<https://www.eventbrite.com/e/the-american-northwest-portland-nationals-didii-tickets-428626261687>.

Questions? Contact your coach!

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